

**LORNA J KONSIS COFFEE & DONUT 5K FUN RUN
OCTOBER 12**

The Lorna J. Konsis Memorial Foundation will hold a 5K Fun Run on Saturday, October 12, 2019, starting at 9 a.m., Meadowlark Shelter, Forest Glen Preserve , 7 miles east of Westville, IL The Foundation is a 501 (C)(3) not-for-profit foundation.

Early registration is available now for \$20 per participant through October 9, 5 p.m. at <http://www.getmeregistered.com/LJKMemorial> Foundation5K . T-shirts are guaranteed for those who register by 4 p.m., September 25. Same day registration is also available for \$25 per participant beginning at 7:30 a.m. on Saturday, October 12 at Meadowlark Shelter. All participants receive a free coffee & donut! All proceeds benefit the Lorna J. Konsis Memorial Foundation.

The Foundation provides for the maintenance and upkeep of the Lorna J. Konsis Visitor Center, Forest Glen Preserve; monetary support for Conservation Olympics, summer programs and special programs offered at Forest Glen; and seasonal personnel to maintain special areas within Forest Glen. For more information please call Karen at 217-497-3775